

# Anina

*And after you die everything opens up  
and it will all go through your heart.*

*Then when the density of the physical,  
when that passes away, then your sweetest love  
flies open.*

*And when your body dies,  
you will live and exist as a wide-opened scroll  
with absolute sensitivity.*

*Then you will relive every moment  
in which you said no.*

*And you will directly experience through the record  
within your being, you will directly experience what  
you did to your being.*

*And then you won't be hard on yourself.*

*All there will be is absolute gentleness with yourself  
in seeing what you did.*

*And it will absolutely with absolute tenderness  
break your heart.*

Quotes from John de Ruiter



23.10.1981 — 23.3.2014

Disciple since about 2006,  
moved to Edmonton to be near John since 2008.  
Disappeared on Saturday, March 22, 2014.  
She is assumed to have died at minus 19 degrees  
in a cold spring night.

“Her body was found seven weeks later near Nordegg, where the group went for summer camping trips and where de Ruiter sometimes held survival training or “hell proofing” for the dark times he predicted were coming. She was twelve kilometres away from where her car had been found. Her remains were too deteriorated for an autopsy, but there were no indications of violence or foul play. The police investigation was closed as “non-criminal,” which can be used to describe either an accidental death or a suicide, and means police didn’t find any evidence to indicate a crime occurred.”

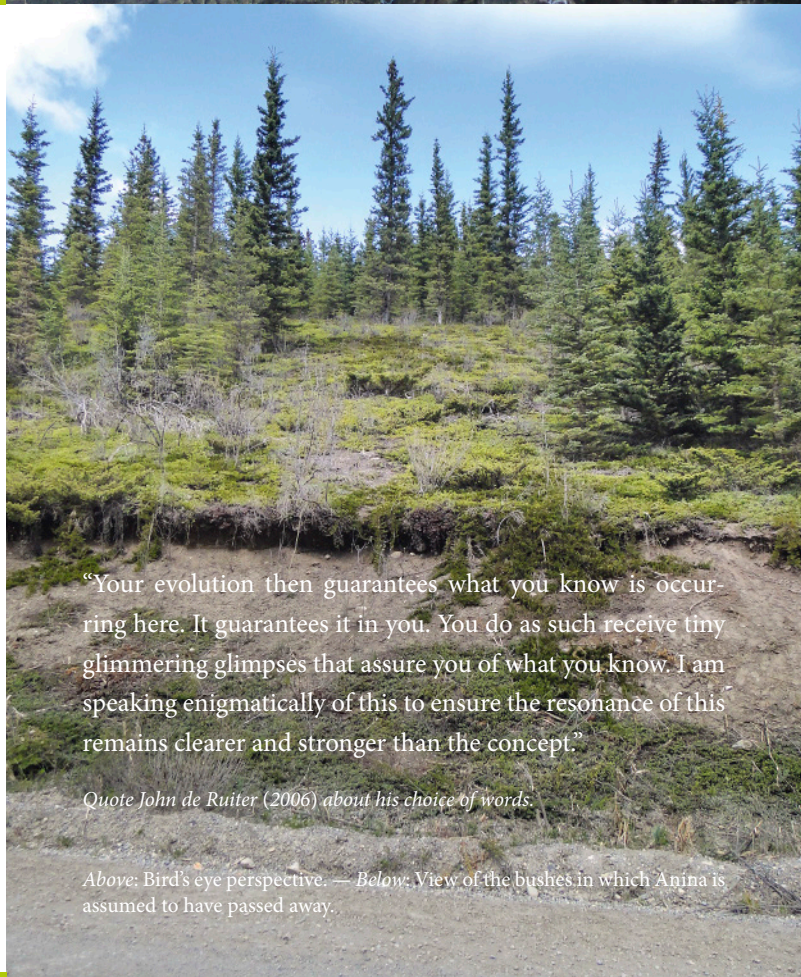
Aus dem Artikel von **Jana Pruden**  
(<https://tgam.ca/2jmAwfP> // <https://bit.ly/2LLXNat>)

Aninas diary on March 2, 2014 read: He taught me to stay with moving as a being in sexual pleasure. He also answered my questions I shared with him about what sexuality is for.

*That it doesn't suit my desire to have a partner is not the point. I also can't draw the conclusion that I have such a relationship with John, that I will continue to lake love with him. I wondered whether he just can't be contained to one relationship, whether he makes love with people while he is on the other side of the world. What he did in no way jeopardized his marriage. It is not personal. I know it is OK, not wrong. Don't draw conclusions in yourself. If you stay open the experience will move right though you without anything being held on to for yourself. Part of me wonders why John entrusted such teaching to me when it is likely to have me spinning. But I am able to not spin. I am able to be clear. He said I am really learning. Don't mix levels. With John you will never have less difficulty. He will always give you more. There's nothing in it for you, you can't have anything from it, you can't own it, have it for yourself or keep it.*

~

*Don't worry about the future.*



“Your evolution then guarantees what you know is occurring here. It guarantees it in you. You do as such receive tiny glimmering glimpses that assure you of what you know. I am speaking enigmatically of this to ensure the resonance of this remains clearer and stronger than the concept.”

*Quote John de Ruiter (2006) about his choice of words.*

*Above: Bird's eye perspective. — Below: View of the bushes in which Anina is assumed to have passed away.*